

What to Wear & Bring to an MHP Shoot

Thank you for being a part of this project. In order to guarantee the best results, please carefully read the following tips and call us if you have questions.

When To Arrive:

Please arrive at the filming location at least 20 MINUTES before you are scheduled to be on camera. This allows you time to use the men's/women's facilities on site, change, get yourself ready, sign a simple filming release form (allowing us to film you), and be on camera, ready to record at the proper time. Being late can result in us having to shift around our production schedule and will interrupt the flow of a smooth production day.

What to Wear:

1. Wear everyday clothing to the location and then change into your outfit or costume once you arrive as to not get your photographed outfit or costume dirty or sweaty on the way to the location. All interviewees and actors/actresses will have access to use men's/women's facilities on location before their shoot time as long as you arrive 20 minutes before your scheduled filming time.
2. Wear comfortable but presentable foot ware. If you have dress shoes for your shoot, bring them with you and wear sneakers until you arrive at the location.

What NOT to Wear:

1. Please do NOT wear pure WHITE such as a plain white dress shirt or skirt. Wearing pure white interferes with our camera's sensor and will make post-production (editing) much more difficult. You are allowed to wear some white in your outfit but please abstain from plain white clothing.



2. Do NOT wear anything with tight stripes or tiny dots. Wide stripes are OK but wearing anything with tight stripes such as depicted BELOW again interferes with our camera's sensor and will cause lots of work editing your segment. The more basic your clothing's fabric is, the better.



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What NOT to Wear (continued):

3. Don't wear anything green... 99% of the time, we shoot in front of a green screen unless we were informed of a special request to do otherwise. Most of the time though, it's best to stay away from anything green. Our green screen is the shade of this shirt (RIGHT) so please wear something of a different color.



TIP: Something Blue:

Wearing blue helps sell. If your video or photo shoot is for commercial purposes (selling a product, service, or gain interest in an effort), wearing something blue will help sell more. If you've ever wondered why infomercials always have their hosts wear something blue, it's because people often subconsciously respond to blue and tend to buy quicker and buy larger orders. This is a minor suggestion to clients.

What to BRING with You:

- Bottle of Water (Talking on camera can dehydrate you faster than normal)
- Hairbrush / Small Spray Bottle (to make sure you look nice on camera)
- Hairspray (Some is OK; however, please do NOT use an excessive amount)
- Any Makeup
- Small Mirror (some locations may have mirrors in their men's/women's facilities)
- Small Snacks (if on set for a long time)
- Suntan Lotion & Sweat Towel (if on an outdoor shoot)
- Did we mention you should bring a water bottle with you?

If you're a man you may still need makeup to cover up an embarrassing zit, birthmark, or cut. If so, please go to your local drug store and buy a small container of Cover in your skin shade. If you need help, ask a woman employee.

Please Note: For sanitary reasons, MHP cannot supply any cast or crew member with hairbrushes, makeup, suntan lotion, or sweat towels.

What NOT to Bring with You:

Absolutely NO alcohol, illegal drugs, guns, ammunition, or weapons of any kind will be permitted on set at any time. If your film requires such things, a fake look-a-like will be used as a prop. These props should be treated as the real thing at all times. Here at MHP, we take safety very seriously.

Medications & Smoking:

We encourage all talent and crew to bring with them any needed prescription medications they need to take during the hours of the shoot. Please also be prepared if the shoot runs long. We also encourage you to bring any over-the-counter medications you may need such as Advil or Pepto-Bismol. If you are a smoker, please ask MHP if your set will have a smoking break area since many locations we shoot on are non-smoking facilities.

Craft Services (Catering):

Shoots lasting less than 8 hours will NOT offer craft services to cast/crew. Shoots lasting more than 8 hours may or may not offer craft services. Please check with MHP to see if your production will offer craft services for all cast/crew.